National Allergy Strategy

A 10-Year Strategy for the UK • 2025-2035

20M+ People in the UK affected

2x Food allergy doubled in 10 years

3x Anaphylaxis hospitalisations 1998-2018

150+ Experts, 9 working groups

Why a National Allergy Strategy – and why now?

- Allergy services are fragmented and inconsistent across the UK.
- Too many people face unequal access to diagnosis and treatment.
- Preventable allergic reactions and other health impacts continue to cause avoidable harm.
- Embedding allergy in policy now will improve lives, strengthen our NHS and save resources.

A coalition of the whole allergy community

BSACI Improving Allergy Care through education, training and research

AllergyUK

anaphylaxis UK A brighter future for people with serious allergies

Natasha's Foundation A future without food allergy

What this Strategy will achieve by 2035

- **Reduce preventable harm due to allergy**
- **Equal access to care**
- **Better value for our NHS**
- **A skilled allergy workforce**
- **Greater inclusion across society**

5 Strategic Goals

1. Leadership and accountability

- Strong national leadership and clear accountability.
- Robust data and monitoring.
- Sustainable funding for allergy services.
- Include allergy sufferers and their lived experience in policy decision-making.
- Embed allergy across policy and systems.

2. Equal access to high-quality care

- Timely referral and accurate diagnosis.
- Evidence-based treatment everywhere.
- Integrated care across primary and specialist services.
- Consistent standards including adolescent-to-adult care.
- Empower people to self-manage allergy safely.

3. Prevention and safety

- Embed allergy prevention in our NHS.
- Stronger safety in schools, workplaces and public spaces.
- Clear labelling of allergens in food outlets, including Owen's Law.
- Focus on high-risk settings and groups.
- Emergency preparedness and confident response.

4. Awareness and inclusion

- Make all educational settings safer, starting with Benedict's Law and then beyond.
- Increase public understanding of allergy.
- Inclusive environments where everyone belongs.
- Reduce stigma and health inequalities.
- Improve access to clear, evidence-based information.

5. Research and innovation

- Invest in high-quality allergy research.
- Translate innovation into better care.
- Build the evidence base for prevention and treatment.
- Improve understanding of inequalities in allergy care and the underlying causes.
- Strengthen national datasets to inform real-world evidence.

United we can tackle allergy

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